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EXPLORING AUTISM: UNDERSTANDING ITS UNIQUENESS AND CHALLENGES

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ABSTRACT

Autism Spectrum Disorder (ASD) is a complex condition that requires a comprehensive understanding to promote inclusion and effective support. This article discusses several facets of ASD, including diagnosis, interventions, sensory challenges, communication, unique abilities, and the importance of awareness and inclusive public policies. It highlights the need for early diagnosis and immediate interventions, such as Applied Behavior Analysis (ABA), which can significantly improve the quality of life of children with ASD. Curricular adaptation and the use of assistive technologies are crucial for educational inclusion. Sensory sensitivities and communication difficulties are significant challenges that require personalized approaches. Interdisciplinary collaboration among professionals from diverse fields is vital to develop effective intervention plans. It concludes that an empathetic understanding of autism, combined with inclusive policies and continued research, is essential to create a more just and equitable society.