



iJERResearch

International Journal of Education and Research
Vol-1, Number 1, March - 2024 | Peer-Reviewed
Journal ISSN 2764-9733 | ijerresearch.org
DOI: 10.5281/zenodo.12607575

THE CHALLENGES OF PHYSICAL EDUCATION TEACHERS FROM EAD TRAINING

AUTHOR

Catarina Gama (catymestrado@yahoo.com): Master's Student of the Universidad UNIDA Program, Professor of the Physical Education course at Unopar. High School Physical Education Teacher.

ABSTRACT

This study addresses teacher training and intervention in Physical Education, focusing on the challenges of distance learning. Initially, the historical evolution of Physical Education training in Brazil is discussed, from its military origins to its incorporation into the school curriculum and its transformations. The National Education Guidelines and Bases Law (LDB) of 1996 introduced distance learning as a teaching modality at all levels, including undergraduate courses in Physical Education. The objectives are to reflect on the role of distance learning teachers in teacher training, analyze the acceptance of the distance learning training proposal by educational institutions and highlight the lack of practical bodily experience in their training. The theoretical foundation focuses on teacher training, interdisciplinarity, the importance of pedagogical practice articulated with theory and the need to develop professional skills. The methodology consists of a bibliographic review. Critical analysis of the results seeks to identify trends, gaps in the literature and divergent perspectives. The results highlight the challenges faced by Physical Education teachers trained in distance learning. The conclusion highlights the importance of the continuous search for knowledge, reflection on overcoming challenges in acting, whether in face-to-face or distance learning.